

Toronto, Ontario Sponsors One-day workshop October 19, 2012

# Stories Well Beyond the Grave: Narrative Therapy, Grief and On-Going Relationships

## LEADERS



William Cooke, MSW, RSW, RMFT, M.Div Margotte Kaczanowska, MA, RSW Suzanne Thompson, MPH

William, Margotte and Suzanne are colleagues in private practice in the West Toronto neighbourhood of High Park. They independently developed a deep appreciation for the radical collaborations possible through *Narrative Therapy Practices*. For 15 years, Margotte and William took every opportunity to study with Narrative Therapy co-founder Michael White prior to his death in 2008. Suzanne first encountered these ideas and practices as a client. They are committed to helping students and colleagues learn *Narrative Therapy* skills and practices.

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## WORKSHOP DESCRIPTION

This one-day, practice-based NTC-sponsored workshop will offer participants the opportunity to work with the presenters to explore the narrative theories and concepts of re-membering and ongoing relationships put forth by Michael White and Lorraine Hedtke, as well as discuss some experiences and ideas based on using these practices in a counselling setting. In the afternoon, we will have the opportunity to not only participate in a live interview, but also deconstruct the interview/discussion to gain a better understanding of how to implement these practices outside of the workshop. We will explore possible roads to take and questions to ask to both introduce the idea of, as well as be curious about, on-going relationships between a client and a loved-one who has died. This will provide means to enrich the therapeutic experience beyond the traditional grief and bereavement counselling role.

## **USEFUL READINGS AND LINKS FOR FURTHER EXPLORATIONS**

#### **GRIEF AND BEREAVEMENT**

- 1. Michael White, Paper, "Saying Hullo Again." (1992)
- 2. Lorraine Hedtke, Paper, "Reconstructing the Language of Death and Grief"
- 3. Lorraine Hedtke, John Winslade, "Re-membering Lives: Conversations with the Dying and Bereaved." (2004)
- 4. Lorraine Hedtke, "Bereavement Support Groups" (2012)

#### NARRATIVE THERAPY

- 1. Michael White, "Maps of Narrative Practice" (Norton, 2007)
- 2. Michael White, "Narrative Practice: Continuing the Conversations" (Norton, 2011)
- 3. Alice Morgan, "What is Narrative Therapy? An Easy-to-Read Introduction" (Dulwich, 2000)
- 4. For more information about **Narrative Therapy** go to <u>www.dulwichcentre.com.au</u> <u>www.narrativetherapycentre.com</u> and <u>www.narrativeapproaches.com</u>

### PLEASE EMAIL US FOR FURTHER CONVERSATIONS:

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